

A minimum of 5 hours of supervision are required for each domain.

The 2013 Peer Recovery Job Analysis identified four performance domains for the IC&RC Peer Recovery Exam:

Domain 1: Advocacy

Domain 2: Ethical Responsibility

Domain 3: Mentoring and Education

Domain 4: Recovery/Wellness Support

Domain 1: Advocacy		
Associated Tasks	<ul style="list-style-type: none"><input type="checkbox"/> Relate to the individual as an advocate.<input type="checkbox"/> Advocate within systems to promote person-centered recovery/wellness support services.<input type="checkbox"/> Describe the individual's rights and responsibilities.<input type="checkbox"/> Apply the principles of individual choice and self-determination.<input type="checkbox"/> Explain importance of self-advocacy as a component of recovery/wellness.<input type="checkbox"/> Recognize and use person-centered language.<input type="checkbox"/> Practice effective communication skills.<input type="checkbox"/> Differentiate between the types and levels of advocacy.<input type="checkbox"/> Collaborate with individuals to identify, link, and coordinate choices with resources.<input type="checkbox"/> Advocate for multiple pathways to recovery/wellness.<input type="checkbox"/> Recognize the importance of a holistic (e.g., mind, body, spirit, environment) approach to recovery/wellness.	
Hours of supervision required for certification: Total of 25	Hours completed:	Comments:

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Domain 2: Ethical Responsibility		
Associated Tasks	<ul style="list-style-type: none"> <input type="checkbox"/> Recognize risk indicators that may affect the individual's welfare and safety. <input type="checkbox"/> Respond to personal risk indicators to assure welfare and safety. <input type="checkbox"/> Communicate to support network personal issues that impact ability to perform job duties. <input type="checkbox"/> Report suspicions of abuse or neglect to appropriate authority. <input type="checkbox"/> Evaluate the individual's satisfaction with their progress toward recovery/wellness goals. <input type="checkbox"/> Maintain documentation and collect data as required. <input type="checkbox"/> Adhere to responsibilities and limits of the role. <input type="checkbox"/> Apply fundamentals of cultural humility. <input type="checkbox"/> Recognize and adhere to the rules of confidentiality. <input type="checkbox"/> Recognize and maintain professional and personal boundaries. <input type="checkbox"/> Recognize and address personal and institutional biases and behaviors. <input type="checkbox"/> Maintain current, accurate knowledge of trends and issues related to wellness and recovery. <input type="checkbox"/> Recognize various crisis and emergency situations. <input type="checkbox"/> Use organizational/departmental chain of command to address or resolve issues. <input type="checkbox"/> Practice non-judgmental behavior. 	
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Domain 3: Mentoring and Education		
Associated Tasks	<ul style="list-style-type: none"> <input type="checkbox"/> Serve as a role model for an individual. <input type="checkbox"/> Recognize the importance of self-care. <input type="checkbox"/> Establish and maintain a peer relationship rather than a hierarchical relationship. <input type="checkbox"/> Educate through shared experiences when it is useful. <input type="checkbox"/> Support the development of healthy behavior that is based on choice. <input type="checkbox"/> Describe the skills needed to self-advocate. <input type="checkbox"/> Assist the individual in identifying and establishing positive relationships. <input type="checkbox"/> Establish a respectful, trusting relationship with the individual. <input type="checkbox"/> Demonstrate consistency by supporting individuals during ordinary and extraordinary times. <input type="checkbox"/> Support the development of effective communication skills. <input type="checkbox"/> Support the development of conflict resolution skills. <input type="checkbox"/> Support the development of problem-solving skills. <input type="checkbox"/> Apply principles of empowerment. <input type="checkbox"/> Provide resource linkage to community supports and professional services. 	
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Domain 4 Recovery/Wellness Support		
Associated Tasks	<ul style="list-style-type: none"> <input type="checkbox"/> Assist the individual with setting goals. <input type="checkbox"/> Recognize that there are multiple pathways to recovery/wellness. <input type="checkbox"/> Contribute to the individual's recovery/wellness team(s). <input type="checkbox"/> Assist the individual to identify and build on their strengths and resiliencies. <input type="checkbox"/> Apply effective coaching techniques such as Motivational Interviewing. <input type="checkbox"/> Recognize the stages of change. <input type="checkbox"/> Recognize the stages of recovery/wellness. <input type="checkbox"/> Recognize signs of distress. <input type="checkbox"/> Develop tools for effective outreach and continued support. <input type="checkbox"/> Assist the individual in identifying support systems. <input type="checkbox"/> Practice a strengths-based approach to recovery/wellness. <input type="checkbox"/> Assist the individual in identifying basic needs. <input type="checkbox"/> Apply basic supportive group facilitation techniques. <input type="checkbox"/> Recognize and understand the impact of trauma. 	
Hours of supervision required for certification: Total of 25	Hours completed:	Comments: