

NNBHC Meeting

June 11, 2019

9:00 -10:30

UNR Redfield Campus

Sandy Stamates, Nami (filling in for Jennifer Rains) - Welcome. Explained NNBHC to the group. Invite your friends who you think would benefit from attending.

Agenda Item #1 - Carmen Rank VA

Carmen is a retiree of the US Army where she served for 21 years. Since then she has been working for the VA for 14 years at the VA Resource Center located at 685 E. Plum Lane (corner of Kietzke Lane and Plum Lane). The VA Resource Center also called Military and Family Support Services (north), houses counselors, family programs, ID cards, resources like Military 1, chaplains, suicide prevention, and much more. Their center provides services for all veteran located North of Tonapah. Veteran's located south of Tonapah can access services out of the Las Vegas Resource Center. Carmen serves as the transition assistance advisor where she assists veterans returning to a normal lifestyle by connecting them with and educating them on their benefits.

Carmen also announce that the VA's 7th Annual Mental Health Summit is coming June 20 (VA). More info: <https://events.renown.org/event/va-mental-health-summit-event/>

Reno Vet Center (located at 5580 Mill St, Reno, NV 89502) is holding an open house BBQ at 11:00 AM on June 12. See attached flyer.

Q&A: Ginger Paulson asked about Stigma surrounding military members not seeking benefits because they are afraid of the stigma and that they won't find work. Carmen stated that its more predominant for older military veterans who were afraid to report during their military service for fear of losing their status. Now, many military veterans receive mental health service before they even deploy home.

Agenda item #2 - Washoe County Human Services/Housing Shelter Planning updates

Kim Schweickert gave an update on the progress of the new NNAHMS Campus (see attached map).

The current Downtown Shelter was opened 11 years ago and was supposed to be opened as an emergency shelter for only 2 years. They can currently house 160 men, 50 women, 21 families, and have 6 maternity rooms. The shelter has been consistently full over the past few years. Leading to the need for an overflow of 150 beds and during the winter there is a temporary tent for additional 60.

The hope is that the new 5 acre parcel on the NNAMHS campus will alleviate much of this. Kim provided an overview of the plans for the new campus:

- The building in blue (on the attached map) are for vulnerable populations.
 - They contain shared bathrooms, homelike environment, large backyards

- New women's shelter will hold 114 and contains pods with individual space for privacy
- There is a 13,000 sq ft. dorm like area for folks that don't want services just a place to sleep
- Several pods (senior and medical pod)
- pet wing for people who refuse to come in without pets, working with animal shelter to get food and pet behavior training, immunizations, etc.
- Working wing for folks who are homeless but do have jobs
- transition age wing used for those 18-24
- Families can stay for 6 months, 80% success rate
- 50 women to 1 case manager in women's shelter currently, hoping private space (pods) will encourage engagement
- Diversion worker to help provide resources to those who don't necessarily need to be admitted.
- The Yellow building is Crossroads (sober living environment)
 - Cottages 24 women
 - transition age youth crossroads 18-24 (12 girls and 12 boys)
 - these have to test for sobriety
- The Orange is TADS house (temporary assistance for displaced seniors)
 - Open to men and women
- Target is to open the whole campus by April 2020.
- Volunteers of America will continue to provide services at both sites
- Good Grid is new intake program that is much more robust and will hopefully better place people into the best fit for services. HMIS will operate in partnership with Good Grid.
- Advisory board contains a lot of Peer Supports in order to get homeless perspective on decision making
- Assessment done on the community found that our community is lacking in data, we don't have a good diversion component here, we need to do some outreach. As a result they have established Good Grid, the Diversion program, and the MOST teams.

Q&A:

- Sany Stamates asked if seniors were homeless overtime or displace due to high rent prices. Kim said that at TADS house this is most common, at downtown shelter there are some but more are longer term homeless.
- Patrick asked what's happening with SRC. Pink building in center of map is for all of their staff.

Agenda Item #3 - Public Comment/Announcements

- Sandy mentioned legislative session just ended. Serves on Washoe Regional Behavioral Health Policy Board. AB66 was their bill to implement and create crisis stabilization centers in Nevada. Bill passed. Chuck Duarte was their representative. Probably won't see centers popping up for 1 year to 18 months. Fiscal note was removed which provides opportunities for providers to come in and start facilities. Made changes to NRS so people can get paid for providing services. Right now Mallory Center in Carson is only true crisis stabilization center in state.

- AB 170 passed - this bill was intended to protect constituents with preexisting conditions.
- SB37 passed – Increases scope of practice for MFTs. MFTs are going to need to get these competencies (CASAT training). Patrick from Community Health Alliances sees it as an opportunity.
- MAT is now available at Quest to 28 non-court opiate addicts and over 100 women who are either pregnant or recently gave birth
- SB 540 passed – People ages 18-59 are now able to be reported into vulnerable adult status
- Mallory Center will be adding 5 more beds (10 currently) and will be creating a nicer waiting area.
- NAMI Northern Nevada is partnering with Carson Tahoe on First Episode Psychosis program. Sandy served on planning and implementation team.
- Wellcare triage center is supposed to open this month. They were waiting on 1/3 of funding to come from hospitals but they are going to open anyway without it in hopes it will come later.
- Ginger Paulsen announced that Reno Behavioral Healthcare Hospital has opened The Center for Eating Disorders (see attached flyer).
 - Center for Hope previously serve this population but closed their NNV office and moved to LV. RBH saw need to help those with Eating disorders. They were able to take on some of Center for Hope's employees.
 - They accept individuals 18 and above.
 - It is a hybrid program meaning they can't take individuals needing medical services such as feeding tubes. Once a patient's BMI is 15 or above they can take them.
 - Anticipate a 30-45 day stay.
 - Patients have access to a registered dietician. As well as counseling. They will see a psychiatrist daily.
 - Capacity is 10 patents now with possibly 20 later.
 - Trauma informed program.
 - beds now open at RBH not including the 10 ED beds.
 - Reach out to Ginger if you want more info or a tour.
- Alexis Tukey (DHCFP) – Sandy asked Alexis if she had any updates on the State. Alexis said that Lisa Sherych serving as Interim Administrator over DPBH. She has wealth of knowledge and experience. But Alexis did not know what recruitment process looks like. She also said that Suzanne Bierman was appointed to lead Nevada Medicaid. She is located out of Las Vegas. Previously worked for Guinn Center in Las Vegas. [Bio posted on website](#). All deputy administrators have been hired. They were gifted another deputy admin.
- Patrick Rogers of Community Health Alliance is working with American Diabetes Association to put on a training on the Mental Health side of managing diabetes. Because they are seeing a high correlation on MH and diabetes. Less emphasis on medical to behavioral health. He is hoping to open it up to the community, gaging interest. Contact Patrick if interested.
- Nevada Coalition for Suicide Prevention is not having their walk this year in September. In lieu of that they will show the Ripple Effect by Kevin Hines at TMCC Dandini campus on September 10th from 5:30 to 8:30. Flyer coming out.
- Nevada Suicide Prevention Conference is October 17-18, 2019 in Las Vegas. Visit <https://casat.org/nspc/> for more information.
- Board out of Elko bill did not pass.

- Sandy Stamate mentioned that Zephyr Wellness is putting on an important event called, “At the Intersection of Guns and Mental Health: Advancing Cultural Competence (the introductory course)” on July 25 from 4-7pm. More details and RSVP to come.

Future Possible Agenda Items

- Silver Summit MCO (Alexis will send Sandy an email with contact person)
- Crisis Triage Center when they open
- Law enforcement outside of the MOST team
- Nevada Urban Indians – Mental Health and SUD program (Ginger can check with her colleague Cheryl and send to Sandy)
- Adolescent MOST Team (Justine Hernandez?)
- Business Improvement District (Downtown Ambassadors)
- Overview of what transpired at legislature (items to celebrate, printed overview) – maybe Jake W.