

NNBHC Meeting

May 8, 2018

9:00 – 10:30

UNR Redfield Campus

Welcome and Introductions

Agenda #1 –Center for Hope of the sierra, Erin Snell. Jeanyne to distribute handouts which has contact information. Erin is a LCSW so she can triage a case if you need. 60% of folks with substance use disorder also have eating disorder. 3 levels of care, inpatient, residential, php, IOP, no straight outpatient services at the moment. Treat entire spectrum of eating disorders, also treat diabetes and eating disorders. Center for hope also treat men and lgbtqia as well as women. Cater to Vegan diets as well. Heavy equine therapy emphasis. New facility will have a barn with animals. Office is off Sierra Rose behind Lowes, Residential home is off pass dr off Hunter Lake. Purchased two new homes in Holcomb ranch area. Adult facility and children's facility. Child and Adolescent facility to open in June, also a new facility in June to open in Vegas. Working with a local hospital here in Reno to offer beds.

Agenda #2 – Agata Gawroski – Board of Examiners for Licensed alcohol drug and gambling counselors. May 21 Sunset subcommittee by state to review all boards. 2019 legislative session there is still not sure that they will try for a super board again. Out of session s that now allowing CADC to become Clinical Supervisors. Take training through CASAT. Response to workforce shortage for supervisors. Issues with interns working without proper supervision, more strict, now all interns have to have on site supervisor, employee of agency. Documentation from intern has to be signed by supervisor. To ensure quality care for vulnerable population.

Agenda #3 Sheila Leslie – Focus group for Washoe County regional behavioral health policy board – reminder the 4 boards (Washoe, Northern Nevada , Rurales, Clark/Vegas) are identifying the gaps in services in the community, look at data. Washoe meets third Monday of every month at Washoe Health Complex at 9:00am. Website with the minutes will be sent via Jeanyne. Board was appointed by Gov. All boards put together a report that goes to the behavioral health commission in statute to advise gov. Each board has a BDR.

Survey – jeanyne to send survey monkey link to those who were not in person who want to participate.

Sheila is organizing focus groups and open community forums.

In person discussion: What changes need to happen in Washoe County for the following populations?

Adults:

Alta Vista: Targeted Case Management for SMI population. No way to get that covered by Medicaid. Mohave used to have the code and now NNAMHS sends people out but the community providers cannot bill Medicaid for this.

Ridge house also cannot bill or get reimburse for TCM also for substance use disorders. Prover type 14/17 do not match. Medicaid won't let you be both provider types.

Sandy Stamates: We need 24.7 walk in crisis Centers, combined with crisis call line maybe?

People should be able to walk in get help to prevent hospitalization or triage for hospitalization, also a place where family members can call to get info, crisis stabilization with 10 beds. Mental health and SUD. Detox, psychiatric stabilization, family services. Also serves as a place for law enforcement to take folks instead of jail. Replicate the Mallory Center from Carson Tahoe hospital.

Housing: transitional or semi-independent homes, also supportive housing.

Also need a 24/7 drop in center near the crisis centers. Serve coffee, couches, peers, garden, give people an option for folks to go when they are cold and hungry rather than go to hospital. Less expensive than hospital beds. Clubhouse model in bigger cities.

Need client centered coverage from Medicaid. Also for children. More than once service covered a day.

The mental health and SUD profession has sustainability issues. Turnover, closures. Where's the workforce? Where's the sustainability. Sometimes the licensing boards are the biggest barrier to workforce, reciprocity. Also forgive student loans for individuals who are planning to stay in Nevada as a workforce.

Providers expressed challenges with getting T1017 (Targeted Case Management) – insurance have been telling providers to send clients to Well Care.

Transportation. Officers who transport patients from ambulance, officers, expensive. RTC is hit or miss with transportation of care with RTC, treating clients with respect. Functionality is not 100% for RTC.

Cost of EBP training is very high

State could centralize credentialing for managed care organizations. If all MCO's used the same portal (consolidate) for approval it would make sense and less barriers.

Children:

High needs adolescents get sent out of State? Need higher care for adolescents

Support and education for family members. Family members have a hard time navigating the system.

Safe school professionals are not employees, they are contractors. Need more child and adult psychiatrists and neurologists. Nobody wants to deal with Nevada Medicaid and Insurance so they leave.

VA has trouble recruiting psychiatrists too with a federal pay grade.

Family Members

Family need education – NAMI trainings, need more availability, education online, quality parenting classes, EBP

Linkages to care with family members and adolescents once they return from treatment back into same environment.

Are children and adolescents getting support if a parent is in care? What about income or support for those family members who take care of the SMI or children with disabilities. Human Behavior Institute offer parenting support.

Deficit of Spanish Language Classes.

Policy Legislature

State Grants are reimbursable, so providers offer services up front and pay up front, and they do not receive reimbursement in timely manner, delayed by state but providers still have to provide services.

Legal Hold Language – simplify, some of the language promotes stigma.

Medicaid reimbursement

Prevention and Public Awareness

Move integrated healthcare forward – increase access

Support for integrative care – training for medical assistants, etc. in primary care.

Printed directory – need online resource Nevada 2-1-1 is only resource currently it has gotten better.

Public Awareness about geography of Nevada (Reno vs Vegas)

Next meeting

June

Topics