

Zero Suicide Initiative

October 13, 2017

Nevada Data

Humboldt County is ranked in the **top 5** suicide rates out of the 16 counties in Nevada.

Age-Adjusted Rates of Suicide for Nevada Residents by County from 2001 - 2014

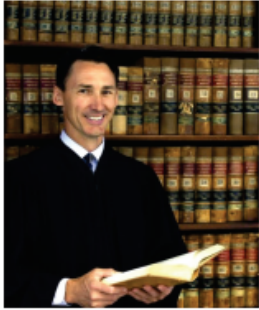
	Carson	Churchill	Clark	Douglas	Elko	Esmerald	Eureka	Humboldt	Lander
###	24.5	4.2	18.5	19.3	15.3	0.0	0.0	36.1	0.0
###	17.3	21.8	18.3	25.5	9.1	52.1	0.0	23.1	44.3
###	28.5	26.5	17.4	15.8	23.7	101.8	0.0	46.9	18.2
###	33.0	40.9	16.8	14.5	26.3	0.0	0.0	19.8	24.7
###	23.1	21.2	17.6	15.7	24.0	0.0	109.9	31.8	43.6
###	23.0	41.5	17.2	7.5	18.2	0.0	0.0	16.8	44.5
###	6.9	15.6	17.7	23.3	22.6	0.0	0.0	17.5	42.5
###	23.2	22.8	18.0	37.9	19.6	0.0	112.8	20.1	0.0
###	20.0	20.8	17.4	18.1	37.5	0.0	0.0	9.1	0.0
###	21.9	17.2	18.8	14.6	31.1	66.7	0.0	45.1	49.1
2011	32.5	17.7	16.2	12.8	31.2	58.7	0.0	37.8	32.9
###	16.7	25.3	17.5	4.9	21.4	0.0	0.0	38.6	10.2
###	36.8	11.3	16.5	23.0	9.7	272.2	0.0	34.0	10.9
###	16.8	33.2	17.2	19.0	18.8	0.0	0.0	37.3	9.7
	Lincoln	Lyon	Mineral	Nye	Pershing	Storey	White Pine	Washoe	Nevada Tot
###	0.0	20.6	0.0	25.6	0.0	0.0	11.2	18.0	18.3
###	34.9	25.1	26.5	25.5	26.2	103.4	32.7	19.6	19.3
###	18.7	27.2	25.4	47.1	24.7	0.0	0.0	22.1	19.5
###	15.2	33.1	18.5	45.5	0.0	0.0	19.4	19.0	18.7
###	14.3	25.4	47.3	30.1	0.0	16.3	28.8	21.6	19.1
###	33.5	26.3	22.1	30.4	41.4	41.7	55.6	23.0	19.2
###	61.3	22.1	69.4	32.0	11.8	0.0	29.0	16.5	17.8
###	13.4	25.4	0.0	31.0	11.7	49.6	61.3	19.3	19.4
###	37.5	32.9	10.8	30.7	11.1	0.0	22.7	20.3	18.7
###	22.8	22.4	36.1	30.9	21.2	11.1	9.2	21.5	19.7
2011	20.5	25.8	68.5	24.0	38.8	10.3	47.4	19.2	18.2
###	55.9	19.2	38.6	29.4	0.0	38.7	41.0	17.1	17.7
###	21.6	29.0	0.0	27.9	62.0	10.0	13.0	21.2	18.2
###	14.3	46.9	69.1	39.1	12.9	0.0	32.0	20.1	19.1
AVE	23.2	22.9	17.5	18.0	22.0	39.4	15.9	29.6	23.6
	26.0	27.3	30.9	32.1	18.7	20.1	28.8	19.9	18.8

2014
National Suicide Rate
13.4

Nevada Suicide Rate
20.2

Humboldt County
Suicide Rate
29.6

Roundtable Panel



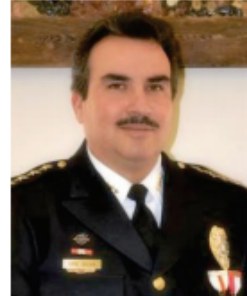
Judge
Michael Montero
Sixth Judicial
District Court

“ Humboldt County is in need of a prevention plan to create a systems change. Support from the community will unfold our efforts and our goal of zero will be in reach. ”



Mayor Di An Putnam
City of Winnemucca

“ Humboldt County does not need to be statistics but rather a source of knowledge and support for all our residents; prevention is possible if we all work together. ”



Chief Eric Silva
Winnemucca Police
Department

“ There have been more than 40 suicides in Humboldt County within the last five years. Our action plan for prevention needs to be strengthened with urgency. ”



Chairman Mike Bell
Humboldt County
Commission

“ People contemplate suicide because they feel very alone. That's why our efforts cannot be done alone. We need our entire community working together to reach our goal. ”



Chief Pat Songer
Humboldt General
Hospital EMS Rescue

“ We cannot ever let this become just another program. We are dealing with people's fears, their fractured hopes and shattered dreams. We must help them rebuild a life they'll love. ”



Superintendent
David Jensen
Humboldt County
School District

“ Our actions as a community to expand and understand efforts towards effective suicide prevention will develop a foundation for a better tomorrow. ”



Sheriff Mike Allen
Humboldt County
Sheriff's Office

“ Everyone needs help now and then. If you or someone you know is considering suicide, reach out for help. Never give up on yourself or on loved ones. ”



Mike MacDonald
Humboldt County
District Attorney

“ We first need to identify and then improve our preventive and support services, as well as strengthen our community awareness, to reduce or eliminate these tragic events. ”



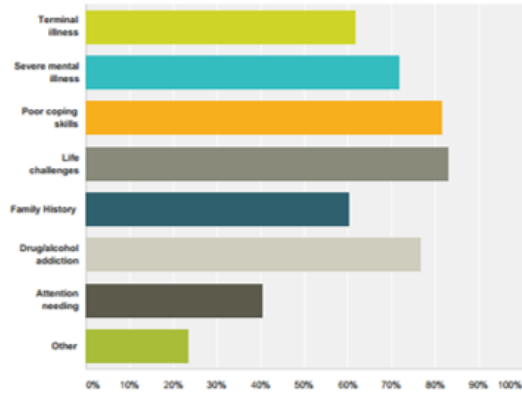
Judge Letty Norcutt
Justice of the Peace

“ Our best education and our most heightened awareness are key to preventing suicide in this community. We must not ever give up hope. ”

Summit

Q7 Why do you think people attempt suicide? (Select all that apply)

Answered: 146 Skipped: 0



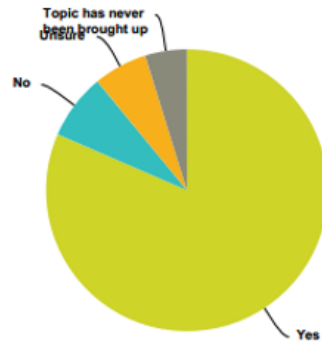
Common responses:

- Life challenges
- Poor coping skills
- Severe mental illness
- Drug/alcohol addiction

- Survey
- Humboldt County Community Assessment
- Drafting Strategic Plan

Q8 I am comfortable talking about suicide with my family and/or friends

Answered: 146 Skipped: 0



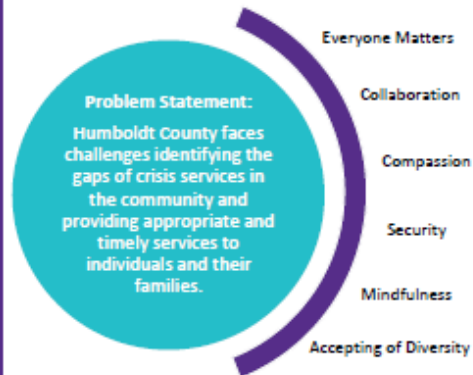
8. Respondents answered:

- Yes – 82%
- No – 8%
- Unsure – 6%
- Never been brought up – 5%

Strategic Plan 2017

Strategic Plan 2017

Humboldt County



Strategies:

- Continue the monthly suicide prevention meeting and engage community members in implementing the strategic plan.
- Provide CIT training to the Humboldt County community to provide interagency training.
- Collaboration among agencies to create a 24-hour flowchart of services available to the community.
- Establish a group of student representatives to share the work in educating and providing peer support in times of crisis.
- Developing a public awareness program with resources that are available for the ultimate goal of bringing about Zero Suicide.
- Continually recruit behavioral health services to the hospital and outpatient services.

Anticipated Changes:

- Increased communication and collaboration within different agencies to carry out the strategic plan for the community.
- A better service to individuals in crisis with the engagement of a clinician upon contact with law enforcement.
- Access to a 24-hour flowchart will decrease the number of individuals who have contact with law enforcement and taken to the emergency room.
- Student engagement will reduce the stigma within teens and adolescents as well as provide peer support.
- Engaging the community in the initiative to have greater support.
- Increased service providers in the community will increase the chance of meeting the needs of the population.

Mission Statement: A suicide safe community is created by a stigma free atmosphere to allow individuals to gain confidence in asking for support, developing, and implementing a comprehensive plan to include education, prevention and intervention for community members struggling with mental health and suicidal ideations

Please Join Us....

IN WISHING
JUDGE MONTERO

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Thank you!

